

CERTIFICATE

OF PARTICIPATION

This is to certify that

Laurence Kmphela

Has successfully participated & completed the

10km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 00:57:10

PACE 05:42/km

OVERALL 135 of 765

26 October 2019, Sat

Date

GENDER 113 of 311

60+ 2 of 10



Signature